

Hi \_\_\_\_\_,

*In an effort to reduce the risk of influenza and COVID-19, I invite you to become a FluTracker.*

*FluTracking is a crowd-sourced surveillance system involving the completion of a weekly web-based survey- it takes only 30 seconds to complete weekly to answer a few simple questions. In doing this, we can help track flu and COVID-19 around Australia and New Zealand. It also serves as a great reminder that we can limit the spread of these infectious diseases by staying home when sick and washing your hands regularly.*

*Please visit [www.flutracking.net](http://www.flutracking.net) for information on how to join.*